

# LiveWire

An Informational  
Newsletter From the  
Office and Staff of  
Mori Orthodontics

Richard J. Mori, DMD, MS  
Orthodontics for  
Adults and Children

## A Note from Dr. Mori



### Do You Need To Have Your Wisdom Teeth Removed?

After active orthodontic treatment and a period of orthodontic retention I usually discuss the need to access the third molars, commonly referred to as Wisdom Teeth. The third molars are the last teeth to develop and erupt into the mouth provided enough space is available. They should be evaluated beginning at about age 15-16 to prevent future complications.

I am assessing these developing teeth for a variety of factors such as:

- is there enough room for them to grow in?
- how are they positioned or angled in relation to the molars in front of them?
- are there any cysts around them?

Depending on the answer to these questions, removal of the third molars may be indicated to prevent future problems. Un-erupted or partially erupted teeth can negatively affect the teeth directly in front of them in the future. Problems such as poor access to the teeth can lead to tooth decay. Periodontal or gum disease has been shown to begin around third molars in many patients who develop this problem. Teeth that do not grow in can develop cysts which can injure the jaw bone or can change positions damaging teeth that are located nearby.

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## Whitening Your Teeth During Treatment

Many patients ask us if they can whiten their teeth during orthodontic treatment. The answer is "yes" you can do this now. Our practice recommends a product called tresWHITE made by Opal Orthodontics. This product has been formulated to provide tooth whitening while wearing braces and will whiten the entire tooth, even under the braces.

For effective tooth whitening, tresWHITE should be used for 10 days as instructed by the manufacturer. A side effect of whitening can be tooth sensitivity which may be helped by resting for a couple of days between placing whitening trays. About 30% of all patients who whiten their teeth do have some tooth sensitivity.

Dr. Mori feels this product is best suited for adults to use just before removing their braces. Adolescent patients who would like to whiten their teeth should discuss this with Dr. Mori or their family dentist in regards to the best age to begin tooth whitening.

## February was Dental Health Month

### Dr. Mori went back to school!

Dr Mori visited some local first grade classrooms during the month of February. During his visits he spent time teaching first graders some general information about teeth and the importance of good oral hygiene. He included a question and answer session in his program, and as always the number one question was, "Dr. Mori, Dr. Mori, look at this loose tooth-is it a baby tooth?" Dr. Mori had a great time. The first graders were especially excited to receive a goody bag filled with a new toothbrush, toothpaste and floss, along with a puppy sticker with braces on its teeth.

Dr. Mori's goal is to promote good oral hygiene and to serve as a reminder of how important it is to visit your General Dentist for regular check-ups. Going back to school sure is fun!

### Momtopia Event

Through snow, sleet and blizzard conditions, Gigi and Carol made their way to the Dayton mall, Momtopia on February 15th to do their part for dental health month. This event is a social platform for Mom's and their children for fun and education. Many exhibitors displayed informational brochures and gave away lots of gifts.

Dr. Mori had plenty of toothbrushes and educational information as well as some fun prizes for the children. He also donated a special basket to be raffled off.

Miamisburg High School students sang and danced to their version of the musical "Cinderella". The children were mesmerized as they watched in awe of the performers. Mark Rossil known as "The Marvelous Toy" a children's entertainer, got the kids rockin & rollin, singin & a shakin! A little snow did not stop the mom's and their children from attending such a fun and educational event!



## A Note from Dr. Mori continued from page 1...

To prevent these problems I refer patients to see an Oral and Maxillofacial surgeon or your general dentist for their removal. In recent years early removal (age 15-17) has shown many benefits such as:

- Less post-removal complications
- Less potential nerve damage due to smaller roots of the third molars
- Shorter recovery times due to less traumatic removal (shorter tooth roots)
- Younger patients have less dense bone which makes removal easier
- Decreased infections in the gum with partially erupted third molars

I hope this helps you in your decision on if or when the wisdom teeth should be removed. If you have any questions in regards to your individual situation, I will be happy to discuss them with you.

Sincerely,  
Dr. Rick Mori

Please note special dates  
the office will be closed:

- Week of March 29th
- May 3rd & 4th
- May 31st
- Week of June 28th

## Patient News

### Special Honors

**Faith Takacs** – competed at Shaw Elementary School's science fair and received Superior rating–Congratulations!

**Camron Harris** – On Saturday January 16, 2010, the Boy Scouts had their yearly Klondike at Cricket Holler Camp. The boys of Pack 235 (Camron, Ryan, Cameron, Jeffery & Jason) took first place in their division and will receive an award at the Gold & Blue Banquet. Congratulations to Camron and friends!

**Grace Takacs** – Grace received a special invitation to perform her Jazz routine in the recitals finale. What a Special Honor! Congratulations Grace!

**Alexi Hardy** – took 4th place in the first baton competition of the year! Way to Go Alexi!

**Amelia Kvalheim** – won her class spelling bee and will be advancing to the next level. Awesome job Amelia!

**Joey Dillon** – received his Arrow of Light award on February 20, 2010. This is the top Cub Scout award! We are really proud of him.

### Special Teams

**Jazmine Bragg** – made an indoor select team and two of her friends are on the team too! Have a fun time!

**Alec Otto** – St. Luke's 6th grade Basketball team finished the season undefeated and were named Division Champs. Way to GO team!

**Aaron Verse** – made the JV Basketball team at Beaver Creek High School. Congratulations!

**Chloe Chung** – moved up to the yellow belt in To Shin Do. Way to Go!

**Haley Pepper** – her basketball team at Cleveland Elementary has won all of their games so far. Keep it up!

**Sydney Tincher** – went with her team to Chicago, Illinois for a cheer competition. Her team won and is now National Champions in their division. Sydney went to lots of cool places while in Chicago. Congratulations!

**Cassandra Chesterman** – advanced to Pointe Shoes in ballet. Awesome Job!

**Khaleal McCormick** – a sophomore at Stebbin's high school was honorable mention for CBC (Central Buckeye Conference) for basketball! We're proud of you Khaleal!

**Rachel Davis** – Competed in the Disney Princess Half Marathon in 3 hrs and 16 minutes. Wow, what an accomplishment! You go girl!

### Exciting News

**Bayley Carter** – got braces and is going to be a big sister soon. Congratulations!

**Michael Dimisa** – was interviewed at school and asked, "What's cool about school?" His interview was televised in February on both ABC and Fox 45 networks. Way cool!

**Brittany Suber** – received college acceptance letters from OSU, UC & WSU. WSU has offered her a full scholarship. Way to work hard, Brittany! You're our future!

**Paige Powell** – made the top choir at her school as a freshman and has been granted a solo. Sounds great!

**Shelby Warnock** – saw a car crash and was relieved that no one got hurt.

**Dominic King** – is 6 years old and he wants us to remember: Braces are just jewelry for teeth!

**Haley King** – is 10 years old. He and his brother Dominic have a dog named Sparky who is a Sheltie. BTW: Dr. Mori is the best ortho ever!

**Logan and Dylan King** – received trophies for participation on the BCNAZ basketball teams. Logan was also chosen to dance in her recital finale' at the Victoria Theater in June 2010. This is very exciting news!

## Pass on a Smile!

Refer a friend or family member for a complimentary evaluation!  
Our practice continues to grow by referrals from our Patients.

Thank you for recommending us!



## Special Thanks

**William Stapleton** – Our family greatly appreciates Dr. Mori...

**Joey** – wants Dr. Mori to know that his teeth are now beautiful!

## Adventurous Outing

**Mikaela Hindenlang** – I am 11 years old and on Saturday, November 21, 2009, I experienced one of the best days of my life. It all started when my dad and I went back out to hunt from my tree stand for the second time that day. Since the day had started early, I was tired. Once we climbed into the tree stand and got comfortable, I fell asleep. 15 minutes later, my dad saw something in the field. He shook me softly, then a little harder and then shook me so hard I nearly fell out of my seat. I finally woke up and he said, “don’t move.” Then I saw it...an 8-point buck standing in the field! I was lucky enough to harvest this deer and grateful that my family will be nourished from it. I will be very excited to go deer hunting with my dad again next year.

## Our Team Up Close

### Team News around the Office

Dr. Mori and his entire team traveled to Atlanta Georgia on March 11th to attend the annual users meeting for our computer software. WOO HOO!!! How exciting is this! As many of you know, we converted to a new system last November so we were looking forward to learning all the short cuts and tricks. We went to the meeting with a lot of questions and came home with a lot of answers. Since returning we are pumped up and buzzing with new ideas to help us with our patient care. Dr. Mori has committed to improving our office systems and technologies. While in Atlanta, we were able to spend some great time together as a team and meet other orthodontic teams to brain storm and problem solve.

The best speakers in the orthodontic field were all there helping us to learn and become more efficient with our computers and with our patient care.

We had a wonderful time, we worked hard and are excited to implement some of the ideas we were shown. We will keep you all updated on any changes.

Again, thank you to all of our patients and parents who have been so patient with us during this transition period.

### Special Anniversaries

**Erin** is celebrating 15 years with this practice in June. As most of you already know, you will find Erin in the clinic working side by side with Dr. Mori and our patients as a clinical technician. She is instrumental in helping with our on time schedule. Her ability to work with the scheduling coordinators, the practice manager and with Dr. Mori is what enables us to operate an efficient schedule. Erin has been working in the dental field for many years. Congratulations on your 15 year anniversary Erin!



**Tess** is celebrating 5 years with Dr. Mori’s team this year and she is also one of our clinical technicians. Tess has worked in the field of orthodontics for 30 plus years and we feel fortunate to have her expertise on our team. She is responsible for the ordering of all of our clinical supplies and she keeps us on track, that’s no easy task. Thanks for all you do Tess!

## Contest Corner

### Gold Fish Contest

Spring has Sprung and a new contest has begun.

One fish, two fish, count the goldfish! Take a guess!

How many Goldfish are in the bowl?

The winner will receive a Kings Island Season Pass.

Good luck!



## Contest Winner

### Winter Wonderland Contest Results

Congratulations to Megan Meyer the winner of the Snow Prediction Contest.

Her guess was the closest with a guess of 37 inches. Good job Megan!

The winter brought us more snow than most of us thought.

It came close to setting a new record (WOW!) We received 38 inches of snow in three months. FYI! During the Blizzard of 1978 we got 30 inches in 2 days. Some of you weren’t even born yet. It was a lot of snow. Hopefully Spring is on the way!

Megan won an I Pod Touch.

Thanks to everyone for playing.



# Munchie Favorite - A Brace Friendly Recipe!

Tess, one of our clinical technicians is sharing this recipe with all of us! Enjoy!

## Easy Chicken & Cheese Enchiladas

1 can Cream of Chicken Soup	2 tsp chili powder
½ cup sour cream	½ cup shredded Monterey jack cheese
1 cup Pace Picante Sauce	2 cups chopped cooked chicken
	6 flour tortillas, warmed

Stir soup, sour cream, picante sauce and chili powder in a medium bowl.

Stir 1 cup of the mixture with the chicken and cheese.

Divide among the tortillas, roll up and place seam side up in an 11 X 8 shallow baking pan.

Pour remaining sauce over the tortillas.

Cover and bake at 350 degrees for 45 minutes.

Do you have a Brace Friendly recipe you would like to share with all of us? Just drop it off at the front desk and we will try to get it in one of our newsletters.



## Gas Prices Getting You Down?

Enter your name to win a \$25 gas card from Speedway.

To Enter:

- You must have a driver's license.
- Completely fill out the form in the patient area (one entry per person please).

Each month two people will win.

*Congratulations to the following winners!*

- *January – Brigitte Beale, Ginny Wonderly*
- *February – Linda Becker, John Lay*
- *March – Barbara Jacobs, Carol Bragg*

## We Want News About You

Help make our upcoming Newsletter a success! Share something about yourself- vacations, school activities, honors you've received, sports you play, births, weddings, etc.

Fill out a form in the office and place it in the mail box at our patient news station or email us at [info@moriortho.com](mailto:info@moriortho.com). We will put it in our next quarterly newsletter to share with all our patients.

## From the Front Desk

Don't forget to take advantage of our Website!

We want to remind everyone of a great time saver we offer to our patients and parents. If you have your user ID# and password, you can log on to our website. Go to [www.moriortho.com](http://www.moriortho.com) to access your account information, pay on line or just check your next appointment. Another great feature is checking out your orthodontic photos and x-rays. If you have difficulty logging on or forget your user ID # and password, just call us and we will assist you.

## Floss with Flare!

Due to popular demand the Platypus Flossers are available for purchase at the front desk! Cost is \$11.00 for a quantity of 25. (Online from the distributor - the cost is \$24.99)



ORTHODONTICS

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## Don't Forget to Visit Your Family Dentist-

It is important for all of our patients to continue to visit their family dentist every six months, even during orthodontic treatment. Your family dentist will help maintain healthy teeth by regular cleanings, examination for tooth decay and fluoride treatments.

**Together we can provide complete dental care!**

**Reminder:** When changing your general dentist, please let us know so we can update this change in your patient records.



**Scheduling Corner:** Please note our office is closed during our lunch hour each day and during our monthly staff meeting. If you would like to make a payment, a drop box is located to the left of our front door for your convenience. If you need to speak to someone, we have a call button, just press it and we will help you.

### Office hours:

Monday 8 a.m. – 5 p.m.

Tuesday 10:30 a.m. – 6:30 p.m.

Wednesday 8 a.m. – 5 p.m.

Thursday 7 a.m. – 2 p.m.

### Lunch:

12:30 p.m. – 1:30 p.m.

1:00 p.m. – 2:00 p.m.

12:30 p.m. – 1:30 p.m.

11 a.m. – 11:30 a.m.

Our summer hours will begin June 1st through August 31st!