

LiveWire

An Informational
Newsletter From the
Office and Staff of
Mori Orthodontics

Richard J. Mori, DMD, MS
Orthodontics for
Adults and Children

A Note from Dr. Mori



Why Braces?

People whose bites are normal probably take eating for granted. But for many adults

and children who have bite and jaw problems, the simple act of eating can be an ordeal. Today, thanks to the art and science of orthodontics, eating and smiling can be a pleasure!

As an Orthodontist, I can diagnose and treat dental and/or facial irregularities. These irregularities often result in malocclusions, a word that comes from Latin and means 'bad bite' and is used to describe the shape of your mouth and problems with the way the teeth fit together.

Studies show that millions of Americans have oral health problems that could benefit from braces and other orthodontic treatment. Without treatment, many of these people could develop serious problems. Most bite problems are inherited and, therefore, can't be prevented. Acquired malocclusions can be caused by trauma, thumb-sucking, breathing through the mouth and pushing your tongue between your front teeth, which can make your teeth stick out too much, or early loss of baby teeth which can cause adjacent teeth to move into empty spaces. Regardless of how these problems occur, they can affect the alignment of your teeth and your facial balance as well. Some of the most common reasons for braces

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New Oral Hygiene Program!

Our Commitment to a Beautiful, Healthy Smile!

When you smile, you make other people want to smile right back at you. But nothing can ruin a smile like "gunk" on your teeth. Gunk is the junk that you did not brush off. It can lead to plaque, cavities, gingivitis, bad breath and other harmful conditions. That is why we have joined OrthoEssentials, an oral health program designed to help you keep a clean healthy mouth while wearing braces.

With OrthoEssentials, we recommend the following products:

- An Oral-B Electric Toothbrush with the Ortho Toothbrush Head
- Crest PRO-HEALTH Toothpaste and Crest PRO-HEALTH Mouth Rinse

We will also provide you with:

- Helpful tips on proper brushing, flossing and rinsing
- Ways to measure how clean your teeth are and track your progress

Good oral care begins at home! Remember, you need to brush after every meal, or at least twice a day for 2 minutes. Floss after you brush, at least once a day. Add rinsing to your oral hygiene routine, using the rinse twice a day. It takes only 30 seconds and kills the germs that cause plaque and bad breath.

If you have any questions about your oral health program, please be sure to ask someone at our office, or visit our website at www.moriortho.com. We want to help you get that beautiful, healthy smile and hope you will have fun doing it!

Peaches is at it again...

Mori Orthodontics' mascot, Peaches, is at it again.

Peaches sometimes leaves paw prints around the office and even on our website. Keep your eye out for 12 paw prints.

Can you find them all?



A Note from Dr. Mori continued from page 1...

include crowding, spacing, deep overbite, open bite, gummy smile or tongue thrust.

Orthodontic treatment can have a long-range effect on facial appearance and oral health. Regardless of the type of orthodontic problem and the treatment needed to correct it, remember that a better looking bite works better too!

The benefits of braces include easier to clean teeth, better jaw alignment, proportion and function, a more even bite, reduced risk of injury to protruding front teeth, better chewing and digestion. In addition, the increased confidence, sense of well-being and self-esteem you gain from a beautiful, aligned smile will go with you the rest of your life.

Sincerely,
Dr. Rick Mori

Where's my coat, hat or gloves?

As the weather gets warmer, we tend to shed those winter clothing items and our lost and found starts to fill up.

Are you missing a coat, hat or gloves and don't know where you left them? Check with Gigi or Emily at the front desk.

Your missing items just might be in our lost and found.



Pass on a Smile!

Refer a friend or family member for a complimentary evaluation! Our practice continues to grow by referrals from our Patients.

Thank you for recommending us!



Patient News

A note from Proud Parents

Nick Cundiff – We are so proud of Nick for making the honor roll again. Keep up the awesome work! We love you, mom & dad.

Wedding Bells

Sara Miller & Lewis Brook – two former patients of Mori Orthodontics are engaged! Sara and Lewis have been dating for a little over a year and on their one year anniversary, Lewis popped the question. They are both very happy and excited! They are planning to get married this June. Congratulations, Sara & Lewis! Best wishes from all of us at Mori Orthodontics!

Exciting News

Megan Smith – just got an awesome new haircut and She LOVES it! Enjoy your new do, Megan!

Rand Alawan – says, “My brother’s teeth look great and Dr. Mori is the best.” Rand also says, “My teacher is Mrs. Mori and she is the wife of Dr. Mori.” We’re glad that you like your brother’s smile and we hope he does too!

Everett Harding – caught the record setting small mouth bass in Greene County. Unfortunately, he didn’t get a picture of it so it didn’t count. Keep at it, Everett, you will catch another one!

Bailey Carter – got her braces off. YEAH Bailey! Congratulations!

Alex Petteys – thinks her teeth look great and are as white as crystal. She would like to thank the Mori Orthodontics team for showing her the proper way to brush. Alex is also very excited because she will be getting her braces off soon! Great job on your dental hygiene! Keep it up, Alex!

Exceptional Teams

Faith Takacs – has been accepted into the Dayton Juniors Volleyball Program. This is a private club and Faith will be traveling for tournaments throughout the State of Ohio. Faith’s team recently came in second at a tournament in Marion, Ohio on March 13th. Way to go Faith! Awesome job!

Hannah Webner – cheers for Legacy Extreme All-Stars. On January 16th, her Senior 3 Team won the National Championships. Hannah received her first championship jacket. Awesome, Hannah! Congratulations!

Special Accomplishments

Eric Wathen – became an Eagle Scout in December at the early age of 13. He joins his brothers who are also Eagle Scouts. Eric’s project was to compile history about his church – St. Henry Catholic Church. Way to go, Eric! Congratulations!

Damian Ballester – is a classical musician. The cello is his primary instrument. On January 8th and 9th, Damian competed in a music competition hosted by Wright State University and won first place. As a result of his win, Damian will be performing his winning piece with the college orchestra on May 24th. Damian feels that this would be a great thing to put on his resume. We couldn’t agree more! Fantastic job Damian!

Cory Kunkel – won first place at the Lego League Regionals at Sinclair Community College. Cory received twelfth place in the state competition. He also took third place in the teamwork award. Way to go, Cory! Great job!

Anna Wilson – her theater group is putting on a production of The Sound of Music. Anna’s brother, Joshua is the main lead in the production. Anna, for the first time in her life, is an understudy. Congratulations, Anna!

Rachel Lopez – got into the Teacher Prep Academy for her senior year! That’s AWESOME, Rachel! Congratulations!

Memorable Vacations

Alex Newton – recently returned from Colorado where he went snowboarding with his dad at the Keystone Resort. Alex’s dad, grandparents, and aunt all rented a condo that was about 5 minutes away from the main gondola. Alex says, “It was the greatest experience in my life”. That sounds awesome Alex! Glad you had a great time!

Our Team Up Close

Mori Orthodontics Welcomes Emily!



Emily Wannarka joined our team in February of this year. Emily comes to us with a Bachelors Degree in Health Administration and has served 6 years in the United States Air Force. Emily is excited about learning orthodontics and being a part of the Mori team. She spends her free time with her husband and their two very young children and annually raises money for community organizations such as Lupus, Colan Cancer Awareness and the March of Dimes. Emily also likes to read and take a leisurely jog when time allows.



Win 2 Tickets to the Dayton Dragon's Game

Monday, July 25th, 7 p.m., Fifth/Third Field

Dayton Dragon's vs Burlington Bees

276 tickets WILL BE GIVEN AWAY.

The DRAGON'S lair section is reserved just for you.

- Fill out an entry form (available at the office) – one entry per patient please
- Drop the entry in the container at the Patient Station by June 15th
- On June 16th, we will draw 138 winners. Each winner will receive 2 tickets, a Dragon's baseball cap, and \$5.00 in baseball bucks to spend at the game.



Good Luck!

If you are one of our lucky winners, a postcard will be mailed to you by June 20th letting you know when you can pick up your 2 tickets.

The Financial Corner

For your convenience, we offer several ways to make your monthly payments:

Online Payments

- 1) Go to www.moriortho.com
- 2) Log in using your User ID and Password
- 3) Click on Accounts
- 4) Click on Make Payment Now
- 5) Enter account information
- 6) Click Submit

Payment Books — let us know if you need one.

Auto Visa/MasterCard payments — call us and we can set this up for you.

Automatic payments — can be established through your bank.

Financial Facts

- If you have opted to make monthly payments — those payments are due on the 1st of each month.
(Because there is a 6 - 8 week interval between appointments — pay close attention to the balance on your account.)
- When contracts are honored as agreed, we are able to continue to offer INTEREST FREE financing.
- \$20.00 late fee will be applied if payments are not received by the 15th of the month.

As Always, Remember... Communication is Crucial! If you have any questions or concerns, please contact our office and Denise will be happy to assist you.

Contest Corner

Help a Pet Contest!

Starts April 1st and ends June 17th.

Help us collect items to donate to our local animal shelter!

- Bring in your donated items here at our office.
- For every item donated, you will receive a raffle ticket for a chance to win a GREAT prize.
- All the items donated will be delivered to Sicsa to help our homeless furry friends.
- Some of the needed items are dog & cat food, soft treats, pooper scoopers, toys, Lysol, etc.

For a full list of needed items, go to www.sicsa.org and click on "Wish List".

Our homeless friends need your help to stay healthy and happy and YOU could be the Big Winner!

Good luck!



Contest Winner

What a great tribute given to all the special teachers from our wonderful patients. The nominations were all very heartwarming. Choosing the winner was a very difficult job.

Congratulations to Ms. Whitlock!

Ms. Whitlock of Normandy Elementary School is our winner and was nominated by her student, Michael Dimisa. Ms. Whitlock will receive a basket full of goodies which includes gift certificates to F&S School Supply Store. Michael will receive gift certificates for pizza to share with his class. See a copy of Michael's entry at our Patient Station in the office.

Every teacher nominated will receive a special certificate and a copy of the letter that was written about them. Congratulations to all! Keep up the Great Work!

Munchie Favorite - A Brace Friendly Recipe!

Got Braces? Do your teeth get sore after you have your braces adjusted?

Try a sample recipe from "The Braces Cookbook" by Pamela Waterman and Brenda Waterman.

Jiffy Jam Delights

½ cup margarine, softened	1 teaspoon vanilla
1 egg	½ teaspoon salt
½ cup sugar	1 1/3 cups all-purpose flour

Topping:

Jam of your choice (works better than jelly because it is thicker), about 1 cup – you can use several different jams to make a variety of cookies

Preheat oven to 350 degrees. Bake for 9 minutes.

In a large bowl, combine margarine, sugar, salt, egg and vanilla, using an electric mixer and blending until smooth.

Mix in flour.

Drop from teaspoons onto greased cookie sheet. Dip a teaspoon into water and use the backside of the tip to make a dent in the center of each cookie; dip spoon each time in water to keep dough from sticking. Fill each dent with about 1 teaspoon of jam. Bake for 9 minutes at 350 degrees. Makes about two dozen. Store in a covered container.

Do you have a Brace Friendly recipe you would like to share with all of us? Just drop it off at the front desk and we will try to get it in one of our newsletters.

We Want News About You

Help make our upcoming Newsletter a success! Share something about yourself- vacations, school activities, honors you've received, sports you play, births, weddings, etc.

Fill out a form in the office and place it in the mail box at our patient news station or email us at info@moriortho.com. We will put it in our next quarterly newsletter to share with all our patients.

Scheduling Corner:

Please note our office is closed during our lunch hour each day and during our monthly staff meeting. If you would like to make a payment, a drop box is located to the left of our front door for your convenience. If you need to speak to someone, we have a call button, just press it and we will help you.

Office hours:

Monday 8 a.m. – 5 p.m.
Tuesday 10:30 a.m. – 6:30 p.m.
Wednesday 8 a.m. – 5 p.m.
Thursday 7 a.m. – 2 p.m.

Our summer hours begin June 7th.

Lunch:

12:30 p.m. – 1:30 p.m.
1:00 p.m. – 2:00 p.m.
12:30 p.m. – 1:30 p.m.
11 a.m. – 11:30 a.m.

Please note, Dr. Mori will be out of the office April 25th, May 16th- 17th and the week of June 27th.

From the Front Desk

Important Information!

We pride ourselves on running "on time" and realize how valuable your time is. As we all know, in our busy schedules, circumstances can arise that prevent us from being able to make our appointments – or from being on time. As always, we will work hard to reschedule your appointment as soon as possible. Failure to keep an appointment without 24 hour notice will result in a \$20 broken appointment charge.

Join us on Facebook!



Follow us on Twitter!

Mori Orthodontics is now on Twitter and Facebook. You can access Mori Orthodontics Facebook page or Twitter right from our website, just click on the link and follow the fun. Keep up with the latest contests and tooth trivia.



ORTHODONTICS

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Don't Forget to Visit Your Family Dentist-

It is important for all of our patients to continue to visit their family dentist every six months, even during orthodontic treatment. Your family dentist will help maintain healthy teeth by regular cleanings, examination for tooth decay and fluoride treatments.

Together we can provide complete dental care!

Reminder: When changing your general dentist, please let us know so we can update this change in your patient records.

